

# Sky Y Camp

## Summer 2009 Family Camp

Dear Family Camper:

Hello and welcome to our Sky-Y family. We are excited that you will be joining us for the 2009 Sky-Y Family Camp. Our week together will prove to be very exciting with lots of new families and energetic staff including some International staff from around the world.

Family camp will begin with registration on Sunday, July 26, 2009 at 2:00 pm, and our first meal together will be dinner. The last meal will be breakfast on Saturday, August 1<sup>st</sup>. Meals are served sit down family style with our tables set for 10-12 people.

Sunday's opening activities will consist of: Camp Tours, Activity Sign up and Ice Breakers from 3:00-5:30 pm. Typical daily activity times will be Monday-Friday, 9:30am until noon, and 2:00-5:30pm. A variety of activities will be offered each day, with sign ups for all activities to ensure that everyone will get an opportunity to do everything they would like to do. Sign up sheets will be available in front of the dining hall each evening for all of the following day's programs. *We ask your cooperation to sign up for activities only ONCE to begin with to allow other families to sign up.*

**Please remember that if you have children less than 8 years of age, a parent must accompany the camper to the activity.** There will be some exceptions for counselor led activities.

We will be looking for volunteers to assist with morning Chapel (bring your guitar), evening activities, Rags & Leathers and special activity leadership . . . do you have a unique talent or gift to share? Remember this is **YOUR WEEK** and you can make it special. If you are interested in leading chapel or any special activity and need assistance preparing for it, please contact Mike "Mack" McElhinney as soon as possible.

If you would like to invite other family members to activities or if they would like to join you for dinner, it will be \$5 per person for meals.

Please read the enclosed information – ***Activities are subject to change.***

If you have any questions please, call 1-800-660-1385.

### **Directions to Camp Sky-Y**

Take I-17 to Cordes Junction (Hwy 69) North to Prescott. Pass the Wal-Mart/Home Depot shopping center and head towards downtown. Stay to the left where 69 and 89 split and you are on Gurley Street. Follow Gurley to Mt. Vernon, (4<sup>th</sup> light) make a left at the signal. Follow this road for 7 miles; go right into the Sky-Y gate and left into the parking lot. Registration will take place at our office.

***Looking forward to seeing you soon!***

# EXAMPLE OF FAMILY CAMP ACTIVITIES

## General Activities

Children 8 years and under must be accompanied by a Parent or Counselor to join the Camp activities. During the morning periods there are special counselor led activities available, but in the afternoon, families should plan to do activities together.

## Activity Periods

Morning: Activity 1: 9:30-10:30      Activity 2: 10:45-11:45  
Afternoons: Activity 3: 2:00-3:00      Activity 4: 3:15-4:15      Activity 5: 4:30-5:30

## Big Adventures

Staff led Special activities for ages 2-4 years around Camp. Campers will meet the camp staff at the Flag Pole. Volunteers for those younger than 2 years of age would be greatly appreciated!

## Sky-Y Explorers

Staff led activities for children ages 5-8. Kids will meet the camp staff at the ping pong table and go out from there to explore activities at camp!

**\*\*\* Please remember that Tot Lot and Kidz Kamp are both morning only activities\*\*\***

## SPECIAL ACTIVITY NOTES:

### Bikes

This year we have Full-Size mountain bikes and helmets. ***If you would like to bring your own bikes, you are welcomed to do so, however, you must also provide your own safety equipment.*** Please remember your helmet and water bottles. If you have a small child that would be too small for a full size bike it is recommended that you bring your own bike and safety equipment. One further note is for safety reasons bike riding is not permitted in the center of camp.

### Paintball

During the regular Paintball games, all participants are required to use the camp paintball markers, as they have been chronographed at safe speeds. All players are required to wear safety masks, protective clothing and shoes. You are encouraged to bring your own mask and protective gear. Rules are enforced for kids and adults with the staff referees on the field for everyone's safety. Safety is always first for our campers, and because of this, for paintball we must enforce an age restriction. Children from 4-8 are unable to play in the games, but there will be an opportunity for target shooting for children in this age range. ***Come up with your team names for the tournaments***

### Camp Photos

Family Camp photos will be taken throughout the week and be posted on our web site: [AZYcamps.org](http://AZYcamps.org) under the Sky-Y Camp Email and Photos link. You can purchase all photos by registering through the Bunk1 service. What a great way to remember all those new friends you have made over the years.

## Dining Hall

Meals are served family style at Sky-Y. Each meal there will be items to start with such as cereal, salad, fruit or bread. We ask that only tables that have been set be used.

Hoppers are needed from each cabin 15 minutes before each meal to help set the tables, serve and clean up. Please plan to have one adult or two children come early at each meal. The dining hall will be cleared of other campers before the meal so that the Hopper can do their job. Please do not enter before being invited in by the camp staff. At the same time that the hopper bell rings, everyone else should assemble at the flagpole for flag raising/lowering, announcements, singing and grace. ***Please note if it is too hot or it is raining we will do announcements inside.***

Meal times are at 8:00, 12:00 and 5:30 (Except for opening day, dinner will be at 6pm). The food will be served for 45 minutes after that start of the meal. It is very difficult for the camp staff to take care of campers who come to the meal after clean up begins, so please plan to assemble in the horseshoe and be prompt.

### Snacks:

There will be snacks available each evening at 9pm. Plan to join other families to socialize, play games or share your Sky-Y stories. *Also, there will be fruit, water, and juice available in the dining hall throughout the day, not to mention the coffee bar!*

### Camp Store

The store will be open several hours each day. Items available included: T-shirts, candy, soda, juice, stuffed animals and other great stuff. The store runs on a debit system, you deposit money in at the beginning of the week and use your account throughout the week. All remaining balances will be donated to our Strong Kids Campaign, to help people come to camp.

### What to Pack?

Whatever makes you comfortable and YOU are willing to carry! On a more serious note, **No...** heavy-duty electrical appliances, motorcycles, barbecues, weapons, or PETS. Plan to bring plenty of shorts, a sweat shirt, rain gear, all your baby stuff, folding chairs, bug repellent, fun camps dress up clothes, books, card, and musical instruments. Please don't forget bedding (sleeping bag & pillow) towels, toiletries, sturdy shoes, sandals (sport sandals would best), a hat, sunscreen, and water bottles. Some handy things that remind us of home are, a coffee cup, hammock, clock, photos etc. If you feel the need, some families in the past have brought a *small* TV/VCR combo for use in the evenings. A radio is also a nice item for getting the daily news and weather.

### Family Camp Themes

There will be theme meals throughout the week. Themes include: Hawaiian, Western, 50's, and Decades. Please plan accordingly with theme clothing and supplies for those meals. See the week at glance below for more information on themes.

*In accordance with YMCA policy, alcohol is Not permitted on YMCA premises.  
Please help us by supporting this policy.*

*In addition, smoking is Not permitted on camp property or in the National Forest. There are no exceptions to this rule.  
The Forest Service is giving \$5,000 fines.*

*Parking: Please park your vehicles in the parking lot by the Admin. Bldg. Due to safety for all and our forest, there will be no vehicles allowed to go beyond the parking lot for any reason. Camp Staff will be assisting families in taking belongings to cabins.*

# Week at a Glance

Sunday: 2:00-4:00 Check in, please no early check in so we can get camp clean.  
3:15-4:15 Tours of Camp with the Staff  
4:30-5:30 Sign Ups & icebreakers, come and meet other families at camp  
5:45 Hoppers to the dining hall/Horseshoe  
6:00 Dinner Time  
6:45 Sports & Games  
7:45 Opening Jamboree  
9:00 Evening Snack: **Ice Cream Social**.

Monday:

A day of fun in the sun doing camp activities.  
**50s Lunch**; Time to put on the poodle skirts, slick your hair, and jump back to the past.  
Evening Activity: **Drive In Movie** in the main field (weather permitting)  
Alternate location: Holmes Hall/Dining Hall

Tuesday:

A day of fun in the sun doing camp activities.  
Join the King and Queen of Camp Sky-Y at Lincoln Castle for a feast fit for all nobles at our **Medieval Dinner**.  
Evening Activity: **Skit Night** – Holmes Hall, camp staff are available to assist your family with a skit if necessary.  
**Night Swim**: Join us for a night swim under the pool lights.

Wednesday:

Morning classes, then a fun filled afternoon experiencing **Cowboy Daze World Carnival**, so bring your cowboy hat and boots...time to start practicing your pie eating skills!! We are asking all families to create a booth all proceeds go to the YMCA World Fund. If you have questions or need booth ideas please email the camp director at [mbmcelhinney@vosymca.org](mailto:mbmcelhinney@vosymca.org)  
That evening we will have a **Decades Dance** so dress in clothing from your favorite decade. Music will be played from past and present.  
**Night Paintball Game**: Glow sticks, glow bracelets, and glow necklaces will light up the paintball field during our night paintball game for those who are 12 years old and older.  
For those who do not want to play paintball we will have a **Night Hike**. Spend some time on a hike with camp staff under the stars, games, stories and moon rocks will be shared with all who attend.

Thursday:

**Pajama Breakfast** - If you wore it to bed, wear it to breakfast!  
Then a fun filled day of classes!  
Evening activity: **Cabin/Family Challenge** – A great time for families to get together for some friendly competition. Silly songs, random items, and creativity will be seen at this fun activity.

Friday:

Our final day of activities!  
**Hawaiian luau dinner** come dressed in the island's finest  
Evening activity: Our long-standing tradition... Pinecone Dedication. Dedicate your pinecone to the memories you have from the past week of Family Camp.

Saturday:

8:30 Brunch and good-byes. There will be one final activity period prior to heading out. Head home, get some rest and dream of next year.

# Family Camp Daily Schedule

7:00	Rise and Shine
7:20	Morning vespers at Chapel/ Children's Chapel
7:45	Hoppers to the Dinning Hall/Horseshoe
8:00	Breakfast
9:00	Cabin Cleaning
9:30-10:30	Period 1
10:45-11:45	Period 2
12:00	Hoppers/Horseshoe
12:15	Lunch
1:15	Siesta/Snooze
2:00-3:00	Period 3
3:15-4:15	Period 4
4:30-5:30	Period 5
5:45	Hoppers/Horseshoe
6:00	Dinner
6:45	Sports & Games
7:45	Evening Activity
9:00	Relax and Refreshments in the Dining Hall
11:00	Good Night