

Teambuilding/Adventure Classes

- 1) **Group Games**: Student get to run around, have fun, and play games which are cooperative in nature. Ideal for 2nd-6th grade. Can be combined with Team Challenge.
- 2) **Team Challenge**: Our introductory team-building class. Student work together to solve fun and interesting challenges. The importance of cooperation, listening, participation and encouragement are stressed. Can be taken as an introductory team-building class, or as a supplement to team building activities done back at school. Activities geared for age and experience. *Grades 4th-12th. 1 or 2 class periods in length.*
- 3) **Trust Trip**: With active hands on activities, students will learn the importance of support from their teammates and create a tighter bond with fellow classmates. Some of these games are similar to Team Challenge but with more emphasis on spotting each other, trust and support. *Grades 6th-12th.*
- 4) **The Beast**: This game is all about communication. Much like a big game of telephone, a group will need to communicate clearly what the “Beast” looks like to their teammates on the other side of camp. A fun active game with a positive message. *Grades 5th-12th. This class is done with 2-3 groups together and we split them into small groups of 5-6 students.*
- 5) **Catapult**: Students compete in small group to build a catapult out of given supplies that will launch a stuffed animal as far as possible. They will also create an advertisement to sell their product. *Grades 3rd-7th. This class is done with 2-3 groups together and we split students into groups of 5-7 students per catapult.*
- 6) **Sky Tower**: Build self-confidence and group support skills on our 65 foot climbing tower. *Grades 3-12th.*
- 7) **High Ropes Course and Giant Swing**: Build self –confidence, agility, and support your fellow classmates 35 feet in the air as you try to traverse wires, ropes and logs. At the end take the plunge off the platform for the swing of your life. *7th grade and above only, 2-3 periods in length.*
- 8) **High Ropes (single element)**: For students in 5th or 6th grade, or for a large group that doesn’t have time for the entire course, you can participate in just one challenge on our High Ropes course. *1 period in length.*
- 9) **Low Course (16 feet)**: For students in 5th or 6th grade, this is an extended ropes experience which is less intimidating than our High Course. Students will learn how to transfer to separate elements, and will be lowered down at the end. *2 periods in length.*

Outdoor Education/Science Classes

- 1) **Owl Pellets and Birding**: Students will learn about the adaptations of birds, what sets birds apart from other vertebrates, the diversity of birds, human impact and take a quick hike to see evidence of birds in our forest. Students will also dissect an owl pellet with a partner and learn about the food chain of birds of prey. *For a 50 min. to 1 hour course we will focus on the owl pellet dissection. This class will sometimes be done with 2 groups together. Ideal for 2nd-7th grade*
- 2) **Wildlife Ecology**: Through hands-on games and activities students will learn about population, predator-prey, adaptation, camouflage, niche, human impact, and have a chance to explore the forest in search of evidence of wildlife. *Ideal for 2nd-7th grade, can be combined with Tremendous trees.*

CONTINUED on next page

- 3) **Tremendous Trees and Plants:** Students will explore the Prescott National Forest and learn about the trees and plants that call the forest home. Other concepts include photosynthesis, tree identification, the importance of trees, and tree biology. Can be combined with Wildlife Ecology.
- 4) **Early Arizona Skills:** Students discover the recent history of Sky-Y camp as the location of the Lost Chance Mine, and learn about the Native American who once called northern Arizona home. We will practice skills of early prospectors (panning for gold, using flint and steel to start a fire) and Native American skills (Making ropes out of natural materials, starting a fire by friction) 3rd-8th grade.
- 5) **Nature Hike:** Get some exercise in the great outdoors, our destination will be an amazing rock formation known as Jesse James Rock. Along the way we'll look for evidence of animals in our forest and if time play a game along the trail. *This class is sometimes done with 2 groups together.*
- 6) **Archery and Outdoor Survival Skills:** Develop skills with bows and arrows at our Archery range; learn about the rules of 3 for survival, what to do if lost in the woods and construct an emergency debris shelter. 3rd-8th grade.
- 7) **Orienteering:** Students will review concepts of the earth's magnetism, degrees, and direction, and how to use a compass. They will then work in small groups to complete the Sky-Y compass course. *Grades 4th-8th. This class is sometimes done with 2 groups together.*
- 8) **Canoe Lessons:** Only for schools that can provide transportation to Goldwater Lake – 3 miles from camp. Students will learn basic water safety, boat terminology, and practice paddling around Goldwater Lake. Sky-Y Lifeguard and equipment provided. 5th-12th grade

Evening Programs

1. **Campfire:** the traditional way of entertaining each other at camp. Skits, songs, and stories led by Sky-Y staff. S'mores are available for an additional charge of \$2 per person, or you can bring your own.
2. **Night Hike:** Discover the natural world at night and learn about nocturnal critters and their adaptations. Learn about our senses, try some night time experiments, and gaze at a starry sky if clear. 3rd-12th grade.
3. **Cabin Challenge:** An indoor activity great during the cold months. Students are split into groups and the "judges" will call for an item to present for points. Students have to think creatively to find each item or to create the item with their team. Charades, acting, telling jokes and singing songs can all be involved. This activity sparks creativity and helps students discover the hidden talents of their classmates. Ideal for group of 50-22 and for grades 4th-8th.
4. **The Beast or Catapult** See description for our day time class, this can be done in a large group format in the evenings. Group size 15-50
5. **Evening Games:** Ideal in the early fall or late spring, a chance to run around, enjoy each others company with semi-cooperative games. Group size 15-100.
6. **Evening Giant Swing:** For smaller groups, this can be a great end to the day. We'll put up flood lights and climb 35 feet in the air to take the plunge on the Giant Swing. *15 students per group per evening. 7th grade and older.*

7. **Live Animal Show:** Heritage Park Zoological Society in Prescott is offering traveling animal shows at Camp Sky-Y. Choose from 4 shows; Scales and Nails, Predators of the Sky, Animals of the World and Animal Conservation.