

YMCA CAMP SKY –Y

Sample Menu



Wednesday	Thursday	Friday
	Breakfast: Pancakes Sausage Fruit Cereal Milk, Juice	Breakfast: Eggs, hash browns Bacon Fruit Cereal Milk, Juice
Lunch: Own Sack Lunch	Lunch: Pizza Salad Fruit salad Lemonade	Lunch: Chicken sandwiches Chips Cookies Fruit punch drink
Dinner: Lasagna Salad, Garlic Bread, Green beans, Italian ice dessert Milk, Juice	Dinner: Beef or Chicken Fajitas, Black beans Rice, Churros, Milk, Juice	